

Algorithm for the treatment of OCBs in Huntington's disease

Serotonin reuptake inhibitor (SSRI)

First choice drug for OCBs

Step 1. Start with low to moderate dose

citalopram	(20 mg)
sertaline	(50 mg)
paroxetine	(20 mg)
fluoxetine	(20 mg)
escitalopram	(10 mg)

Though many survey experts chose 2-4 weeks or more, the authors suggest a shorter 1-4 week dosing interval

Check for adherence

Step 2. Dose optimization

Symptom control often requires mid to high level dosing

citalopram	(20-40 mg)
sertaline	(50-200 mg)
paroxetine	(20-60 mg)
fluoxetine	(20-60 mg)
escitalopram	(10-20 mg)

Reassess response and side effects at each dosage increment

Check for adherence

Step 3. Alternate mono- or combination therapy

If inadequate response to SSRI, experts chose the following alternatives (listed in order of preference):

- switch to another SSRI
- switch to CMI
- add CMI
- add APD
- switch to SNRI
- switch to APD
- add BZD

If response remains inadequate, authors suggest second trial of switching drugs within class

Check for adherence

Abbreviations

APD	antipsychotic
BZD	benzodiazepine
CMI	chlomipramine
SNRI	serotonin-norepinephrine reuptake inhibitor
SSRI	selective serotonin reuptake inhibitor

